



You have a choice about the way you can receive your health care!

DSHS wants to give you better health care. The idea is to keep you healthy and out of the hospital or emergency room. We have a new managed care program called the Washington Medicaid Integration Partnership or WMIP. We also call this managed care or Molina Healthcare of Washington, Inc. or Molina, but it all means the same thing.

On _____, you will be enrolled in Molina, a managed care plan. You will get your medical care, medicine, and drug or alcohol treatment through Molina. Molina will make sure you have a doctor, or a nurse, or a physician's assistant, a care coordinator and a counselor (if you need one). For more information, read the guide that comes with this letter.

- ◆ **YES:** If you want to be enrolled in Molina, you do not have to do a thing. Your health care will change on _____.
- ◆ **NO:** If you do NOT want to be enrolled in Molina, call DSHS at 1-800-562-3022 by _____. The phone call is free. Or fill out the form on page 19 and mail it to DSHS. Mailing the form is free.
- ◆ **I AM NOT SURE:** Talk to your doctors, nurses, case managers and your counselors about changing to managed care. See if they think being in WMIP is a good health care choice. Talk to your family and others close to you who help you make good health care choices and see what they think. You can also use the worksheet on page 17 to see if managed care is right for you.

Later, DSHS will add mental health treatment and long-term care services, (such as personal care you get in your home or in a nursing home) to WMIP. When that happens, you will get those services through Molina. Until then, if you need or are already getting mental health or long-term care services, you will still get them from DSHS. For more on mental health treatment, see page 14. For more on long-term care services, see page 15.

Even if you decide to enroll in managed care and then decide you do not like it, you can disenroll at any time.

If you are a federally recognized American Indian, Alaskan Native or if you are eligible for Indian Health Services (IHS) go to page 18 for enrollment information.



To ask questions about WMIP:

- Call DSHS **1-800-562-3022**, Monday through Friday, 7 am to 6 pm.
- The **TTY/TDD line is 1-800-848-5429** only for people who have trouble with hearing or speech (your phone must be equipped to use this line.)

Calls to these numbers are free, DSHS will be glad to help you!